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## AFL Sporting Schools FAQs

### What are the AFL Sporting Schools Offerings?

The AFL has two Sporting Schools program offerings – Learn AFL and Experience AFL. In both of these programs students will develop kicking, handballing, picking up the ball, marking & evasion skills. All lessons will involve a warm up, skill development and games sense activity which are modified to encourage maximum involvement and enjoyment for all participants.

**LEARN AFL** is an Australian Football development program targeted at students with limited to no knowledge of the game. This program has a skill development focus.

Three distinctive programs have been developed based on Year/Grade levels. Foundation/Prep-Grade 2 is where students will learn AFL related fundamental motor skills with fun skills and games.

Grades 3-4 and Grades 5-6 will be when students will take part in modified games and activities with a focus on fun and teamwork.

**EXPERIENCE AFL** is an Australian Football development program targeted at students that already have some understanding of the game and some skill level proficiency.

This program has an emphasis on modified match play.

Two distinctive programs have been developed for Grades 3-4 and Grades 5-6. In both programs students will develop and enhance their skill proficiency in games sense based activities and match play programs such as AFL 9s.

Your respective local AFL Development Officer will be able to provide assistance in determining the most suitable program for your students.

**AFL 9s** is a versatile program that is ideal for students to further develop their motor and coordination skills while participating in a team sport. All lessons will involve a warm up, skill development and an AFL 9s game. This program is only available at a secondary school level.

### What will it cost for our school to be involved?

This will depend on which AFL SSP package that you select. For a four-session program for 25 students and no AFL school equipment package the cost is \$350 exc GST (this may change based on specific regional requirements). For additional classes or a longer duration program please liaise with the respective local AFL Development Manager who can advise of the costs involved.

*\*Please note NSW/ACT have a slightly different pricing model as all participants receive some individual items. The cost is \$23 per student for a 4-week program*





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### **What will be the benefits of students being involved?**

Other than the well stated benefits of physical activity students will have an opportunity to further develop their fundamental motor skills such like kicking and catching in a fun and engaging way with their classmates.

### **Will the school or students receive any items as part of the AFL program?**

NSW/ACT students will receive the following:

- Size 1 Sherrin football
- AFL Footy cards

For other states and territories schools can selected to purchase an AFL engagement pack for each class. This will comprise of:

- 15 x size 1, 3 (Primary level) or 4 Sherrin synthetic footballs (Secondary level)
- 1 x football carry bag
- 1 x set of portable cones
- 1 x football hand pump

### **How long will the SSP AFL program run for?**

The minimum length of the program is four sessions/four weeks. However, a program can have more sessions and at multiple year levels if the school so desires based on available budget.

### **What age groups can be involved?**

The program will be designed so that it can cater for a range of age groups. However, to ensure that the program is beneficial and effective for participants involved we would expect classes to be similar age groups/year levels e.g. Years 1/2, 3/4, & 5/6. We would also anticipate that the same group of participants will be involved throughout the duration of the program.

### **How many students can we have in a class?**

To ensure that students are actively engaged we recommend that classes are no larger than 25 students. However, we can cater for multiple classes to occur depending on available space/facilities and staffing.





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### **How long does a session run for?**

Our program has been developed based on 45 minute sessions and is delivered during school time in most circumstances. The lesson length has been based on Australian Sports Commission guidelines. However, we can alter the duration as deemed necessary to fit within the school timetable structure.

### **What equipment do we require to provide?**

All equipment will be provided to run the session. Ideally, we just require a suitable playing space such as an oval or large multipurpose playing area.

### **Who delivers the program?**

The program will be delivered by AFL Development Officers where available. There may be instances where other trained deliverers are utilised.

### **What is their level of training?**

AFL Development Officers will have completed necessary training to ensure that they have the ability to teach the basic skills of Australian Football and have an understanding of junior football in their respective state/region. As part of the ASC requirements they will also have valid Working with Children Check/Card.

### **How do I become a coach if I wish to deliver the AFL Sporting Schools Program?**

Firstly, you will need to register as a coach of the SSP website. Your details will then be passed on to the local AFL Development Manager who will make contact with you to explain the process for endorsement and delivery opportunities.

**I'm a teacher and I want to run the AFL sessions myself – how can I do this?** At this stage, the AFL is only allowing teachers to deliver SSP in VIC & WA and also under special circumstances e.g. school is in a regional location and an AFL deliverer cannot be provided. You will need to speak to your respective local AFL Coach Provider/AFL Development Manager to discuss this further.





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**What is the expectation for the school to be involved?**

The school will need to ensure that it advises the respective parents that their son/daughter is involved in such a program if necessary. We would expect that the respective teacher is present through the whole session and provides assistance such as management/organisation of students as required by the AFL Development Officer. We obviously encourage that the teacher participates in the session as it provides an ideal professional development opportunity for them.

**How else can the AFL and AFL State Sporting Association assist the school following the completion of the ASC AFL program?**

The AFL and relevant state body offer a range of programs and initiatives for schools. The AFL Development Officer will provide further details but information can be found on the respective website [www.afl.com.au/schools](http://www.afl.com.au/schools)

